

THEME: SEVEN DEADLY CONTROLLERS – FEAR

TOPIC: HOW DO WE OVERCOME FEAR?

TEXT: 1 JOHN 4:18, 2 TIMOTHY 1:7, PSALM 34:4, 56:3, 1 PETER 5:6-7, EPHESIANS 6:10

Introduction

We have established the fact that when fear is given a backbone, it wants to control, limit, belittle, stop or hinder you from the purpose of God. Though fear may have all the manifestations we have mentioned in our previous study, it can be whipped and overcome. One of the ways to overcome Fear is to choose to walk in joy

HOW CAN YOU WALK IN JOY TO OVERCOME FEAR?

- 1. Meditate on all the good things God has done in your life**
- 2. Remember all the blessings he has given you**
 - A beautiful wife
 - A lovely husband
 - Godly children
 - Bring to your remembrance the financial breakthroughs you have enjoyed from God, the open doors, and the favours.
 - Take the time to confess the victories that you already hear in your spirit.
- 3. Maintain an overcomers stand by raising the shield of faith**

It is with such action that you are able to stop every fiery dart of fear and unbelief.

Isaiah 35: 3 – 4, Matthew 8:25 – 26

One of the greatest gifts God has given to man is the power of choice. Make a deliberate choice of faith and boldness in place of fear and timidity. Romans 6: 16

- 4. One of satan's chief ways to get you in perpetual condemnation is if you walk in the atmosphere of sin and unrighteousness**

Choose holiness, choose to walk right. **Isaiah 66: 4, Proverbs 1:33**

- 5. Become a God chaser - Let your passion for worship be known. Those who pursue God, who chase after His will, will be surrounded by the boldness of the Lord and the blessing of His presence. Psalms 34:4, Psalms 107:9**

Abide in Christ. If you are found in the Lord always, it becomes a sure way to overcome satan. Do not step out of Christ; it is your abiding in Him that guarantees perpetual victory.

- 6. Overcome fear by tearing down every stronghold that satan is trying to build. He is using your imagination to lie to you. Do not become a tool in His hands. 2 Corinthians 10:5.**

So every time he shoots a contrary thought, bring it to the subjection of Christ. Every time he tells you to walk in fear, remind him that by reason of the finished work of Jesus Christ and your acceptance of Him as your Lord and Saviour, your legal nature is that of love, joy, peace, longsuffering and all other fruit of the Spirit.

It is important to stay in constant remembrance that the reason for the sudden invasion of fear and attack on your mind is because God is about to lift you and take you to another level, while Satan is trying to restrict you and hold you in our present mould. **Deuteronomy 1:21, 3:22, 31:6.**

7. Develop a disciplined mind.

Set your affection on things above, not on things on the earth. **Colossians 3:2, Romans 12:1.** And having done that refuse to be afraid of their faces, of the facts, of your foes – refuse to be afraid of folks that want to stop you.

These actions do not stop fear from continuously barraging your door, but let faith answer and there will be no one there. Be bold, be strong, for the Lord your God is with you. The Lord will be there to fight for you. **Joshua 1:9, Ephesians 6:10,**

2 Kings 6:16.

CONCLUSION

The enemy is constantly trying to distract you out of God's orchard. Stay in your calling, fear will not break you. Put your faith and righteousness to action. When your heart is troubled, remember God is your refuge and strength (**Psalm 46: 1–2**). When it seems as if He is distant, remember that He will attend to your prayer (**Psalm 61: 1–2**).

We are tempted to always wait for the next word from our Pastor. But breaking the backbone of fear may mean you may have to do it yourself, sometimes in the face of apparent defeat and an overwhelming opposing majority. Because there could be a host against you, your remembrance should be that they that are for you are more than they that are against you. (**2 Kings 6: 15–16**).

It will require the development of spiritual eyes to be able to see beyond the natural and know that you sometimes seem to be in the minority. You are too precious to God to be left alone. Rest in your position in God. God has snuggled you under His mighty arm. How can you fail when the biggest arms that exist have held you? **Deuteronomy 33:27.**

There will be times in your walk when your hand seems weak and your faith does not seem to work. At such times you do not seem to know what to do, but take your courage from God's Word.