

THEME: SEVEN DEADLY CONTROLLERS

TOPIC: HOW DO WE BREAK FREE FROM INSECURITY?

TEXT: ROMANS 8:14, 1 JOHN 3:1, 4:18, EPHESIANS 1:4-6, PSALM 139:13-14, MATTHEW 6:31-34.

Introduction

Although the Bible does not use the word “insecurity,” we do know that insecurity was never God’s will for His children. When we are insecure, this means we have placed too much authority and emphasis on our appearance, our financial status, our education, and even ourselves in general. However, God has called us to look to Him alone for our source of security. Everything in this world is temporary and in a constant state of motion; God and His Word are however unchanging (**1 Peter 1:23**). And although we live in a physical world, we are reminded, in **Ephesians 6:12** that “our struggle is not against flesh and blood.”

HOW DO WE BREAK FREE FROM INSECURITY?

Let me begin by saying it is comforting to know that 365 times in the Bible, the scripture says, “Fear not”.

Say to them that are of a fearful heart, Be strong, fear not: behold, your God will come with vengeance, even God with a recompense; he will come and save you. **Isaiah 35:4, Isaiah 54:4, 1 Peter 3:14.**

God must have anticipated that things would come up that would make us want to fear. Therefore in loving assurance, He helps us to understand and know that there is nothing to be worried about like worry itself.

In Psalm 24:4 we are encouraged to be bold and confident in the Lord, to trust the God who never fails. Develop confidence in the future. Know that the future is in the ultimate hand of the ultimate God. That He cannot lead you this far and you fail. **Philippians 1:6**

When it seems as if you are walking on sinking sand, hold on to the confidence you have in God, in His Word, in the salvation brought by Christ. **Hebrews 3:14, Hebrews 3:6**

1. Admit your failure

The first way up is to recognise where you have fallen and find strength. Some things have caused your insecurity. You cannot be totally free unless you admit that it exists. Refuse to give up. **Philippians 4:13**

2. Recognise the Word of God and the truth that through Christ you can do all things.

That should give you the impetus to know that your true security is finding your refuge in God.

3. Establish a day of celebration

Yes, a day you celebrate God but also who you are in God. **Philippians 4:4-7 TPT**

4. Break free from every controlling force in your life.

Nothing is big enough to be able to control your destiny. Only God deserves, through the Holy Spirit to lead you. **John 8:36, Romans 8:14**

5. Stay in the place of praise and worship

This is the way to be totally healed in your Spirit man and not be continuously drawn down by the feeling of inadequacy.

- To stop the feeling of inadequacy, stop doting on other people's accomplishments.
- Stop counting your life by the failures.
- Stop feeling pessimistic about the future.
- Refuse to be bound by fear.
- Don't consider it arrogant to rejoice and celebrate who you are in God.
- Refuse to be fearful and choose the path of boldness.
- Begin to anticipate and celebrate success in your life.

CONCLUSION

As we come to the end of our study on 'Insecurity'. If anything negative shows up emotionally, do not deny its existence. Find it, face it and finish it. Refuse the act of self-depreciation. Stop the behaviour of self-cannibalisation. Stop tearing yourself apart. No longer perform multiple sclerosis on yourself. Multiple sclerosis is the disease which is caused by a negative function of the body when defensive cells turn against the body and begin to scar it and tear it down.

Celebrate your difference. Stop trying to be like somebody else. Don't spend your time, energy and money trying to be somebody else. Rejoice in whom God says you are.

Finally develop a relationship with God that can only be described as excellent. Let Him be your best friend. Rejoice, celebrate in His presence. Make great the goodness of the Lord in your life.

When you do this, these deadly controllers will not be able to stop you.