

THEME: SEVEN DEADLY CONTROLLERS

TOPIC: BREAKING FREE FROM IMPATIENCE

TEXT: ROMANS 8:5-8, PSALM 37:7-8, ECCLESIASTES 7:9, JAMES 1:19-20

Introduction

In our study of Impatience we have successfully explored and answered the following questions: “What is Impatience & Why are people Impatient?” as well as “What are the consequences of Impatience?”

Today however we will be concluding our study on Impatience by looking at how we can “Break free from Impatience” as a deadly controller.

HOW TO BREAK FREE FROM IMPATIENCE.

1. Recognise the power of waiting.

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. **Isaiah 40:31**

The Hebrew word in the book of Isaiah 40:31 suggests a table waiter who serves others. The waiter cannot hurry the person who is to be served. It is in the ability of the waiter to be patient that he makes the business of his master prosperous and in turn, the customer happy.

Impatience takes away the joy everyone should know. Wait patiently.

2. Endure hardness

Be patient through the troubles that we Christians have. Be brave and strong, like a good soldier for Christ Jesus. **2 Timothy 2:3**

3. Exercise the fruit of the Spirit called “long-suffering”.

We are not called to suffer long in the face of injustice and ungodliness. However, patience may mean that you wait for an evil to be exposed, for satan to be frustrated in his attempt to scatter your destiny.

Patience may mean learning not to react in a way that destroys a good thing you have started. Patience may mean managing yourself and the people around you so that you can effectively get to where you are going.

4. The scriptures says, “Through patience you can possess your life”. Luke 21:19

- a. Recognise that patience increases experience. **Romans 5:4**
- b. A patient person will be wiser, will be able to tell a better story and his experience will be deeper.
- c. Recognise that patience is necessary for you to run the race of the faith. **Hebrews 12:1.**
- d. Paul talks there of sins that easily beset, that easily trap the impatient – anger, insecurity, pride etc.
- e. **In Ecclesiastes 7:8** patience is presented as a better option to impatience.
- f. Patience is the virtue that will open the doors that seem to not want to open easily. It is the quality that endears you to God. It is what worked for Job after he had lost everything and allowed him to regain it.

- g. Patience must be what David had which made him to have to wait thirty years before he could rule.
- h. Patience is the best way to handle trouble. The fruit of your life is the proof of what is inside you.
- i. Patience is the best way to handle the challenges of life. When trouble comes on every side, the impatient drown in the sea of what they face while the patient is able to stand.
Romans 12:12
- j. Patience is the best way to manage relationships with people when trouble comes.
1 Thessalonians 5:14
- k. When persecution rises against your faith, the best way to manage it is to walk in patience. **1 Peter 2:20**

CONCLUSION

The summary of the matter is that this deadly force called impatience which has destroyed many people can be suppressed and subjected as you choose to not live in haste or be rash but to be led and be counselled with the wisdom of God. **Ecclesiastes 5:2.**

Humility subverts impatience by gladly admitting how little we can see in any given moment, however difficult or inconvenient the moment may be.

Faith subverts impatience by holding firm to God's promises, even when life calls them into question. **James 5:7-8.** "The patient are too happy in God to be undone by interruption or inconvenience."